

Easy Fruit Dip and Fresh Fruit

Ingredients for Dip:

- ½ cup (4 ounces) frozen whipped topping, thawed
- ½ cup (4 ounces) vanilla yogurt

Directions:

1. In a medium bowl, blend the whipped topping and yogurt. For best results, chill in the refrigerator 30 minutes before serving.
2. Fill sink about ¼ way with cold water. Put grapes and strawberries in sink. Be careful not to crush fruit.
3. Cut pineapple chunks into smaller bite size pieces if needed.
4. Cut banana into bite size pieces.
5. Place fruit on plate. Use a spoon to put your serving of dip on your plate and enjoy! No double dipping!!!
6. After washing strawberries and grapes, remove any food items from sink and place in trash can.
7. Fill sink ½ full with hot, soapy water. Wash, rinse and dry dishes and put away.