



Breakfast Burrito

Ingredients

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|-----------------------------|----------------------|
| 1 Egg per person | Cooking Spray |
| 1 flour tortilla per person | 2 Tablespoons cheese |
| 2 Tablespoons Mild Salsa | |

Directions

1. Take the eggs and crack them open over a medium size bowl. With a fork, scramble the eggs until blended.
2. Spray medium size frying pan with cooking spray. Pre-heat pan over medium high heat.
3. Pour scrambled eggs into heated pan. Stir eggs with wooded spoon. Continue stirring until eggs are fully cooked. Remove from heat.
4. Take your tortilla and place on a plate. Spoon cooked eggs onto the center of the tortilla.
5. Place cheese on top of the eggs.
6. Place salsa on top of the cheese.
7. Fold the bottom edge of the tortilla. Then fold the left edge over to cover the tortilla filling, bring the right edge over to make you burrito.
8. **ENJOY!**